The Middletown Triple Challenge

REGISTER NOW!

Challenge yourself this race season by participating in the Middletown Triple Challenge. Register for and complete all three of the local races below and receive a finisher's medallion and recognition at the awards ceremony of the last race of the series, the Run 4 Downtown. **There is no fee to be a part of the Middletown Triple Challenge.**

Classic 10K
Sunday, June 7, 2015
www.classic10K.com

YMCA Ruthie Dino-Marshall 5K
Sunday, June 14, 2015
www.middletownymca.org

Run 4 Downtown
Saturday, August 15, 2015
www.run4downtown.org

For more information on the Middletown Triple Challenge contact:
Dave Madden, MTC Coordinator at (E) dmad@hvc.rr.com (P) 845 401 9108

Crystal Run Healthcare presents…

CLASSIC 10K
The Orange County Race Weekend
JUNE 6 & 7, 2015
CLASSIC 10K • ROWLEY 5K • CLASSIC MILE • JUNIOR CLASSIC • HEALTH EXPO

the YMCA
YMCA OF MIDDLETOWN

ORMC Orange Regional Medical Center

R4DT 2015
Middletown, NY

Middletown Triple Challenge—Registration Form

Last Name _____ First Name _____ Phone Number _____

Address _____ Apt # _____ City _____ State _____ Zipcode _____

E-mail Address _____

Waiver (must be signed): I know that participating in an event, the Middletown Triple Challenge, that I am engaging in a potentially hazardous activity, and that baby joggers, bicycles, hand crank wheelchairs, skateboards, rollerblades, animals, and radio headsets are not allowed in all of the events. I should not enter, enroll or participate unless I am medically able and properly trained. I agree to abide by any decision of a race/event official relative to my ability to safely complete and event. I assume all risks associated with participating in the Middletown Triple Challenge (which includes three events; the Classic 10K Road Race Weekend, the YMCA Ruthie Dino-Marshall 5K, and the Run 4 Downtown), and all of its activities, including, but not limited to, falls, contact with other participants, the affects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I, for myself and anyone entitled to act in my behalf, waive and release The Middletown Triple Challenge, The Classic 10K Road Race Inc, The YMCA Ruthie Dino-Marshall 5K, and the Run 4 Downtown, its directors and officers, event vendors, race/event officials, volunteers and sponsors, their representatives an successors, from all claims of liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in the waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature of Participant _____ Date _____ Signature of Parent/Guardian (if participant is under 18) _____ Date _____

Parent waiver: This is to certify that I have read the above Waiver, my son/daughter/child for whom I am responsible has my permission to participate in the Middletown Triple Challenge events (which is part of the Classic 10K Road Race, the YMCA's Ruthie Dino-Marshall 5K, the Run 4 Downtown), is in good physical condition and that race/event officials have my permission to authorize emergency treatment, if necessary.

Mail this registration form to: Middletown Triple Challenge - 81 Pine Court, Middletown, NY 10941.
The Middletown Triple Challenge and it's partners are not responsible for lost, late, or misdirected applications.